| Chapter No. | Chapter Name |
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| Theme A — India and the World: Land and the People | |
| 1 | Locating Places on the Earth |
| 2 | Oceans and Continents |
| 3 | Landforms and Life |
| Theme B — | Tapestry of the Past |
| 4 | Timeline and Sources of History |
| 5 | India, That Is Bharat |
| 6 | The Beginnings of Indian Civilisation |
| Theme C — | Our Cultural Heritage and Knowledge Traditions |
| 7 | India's Cultural Roots |
| 8 | Unity in Diversity, or 'Many in the One' |
| Theme D — Governance and Democracy | |
| 9 | Family and Community |
| 10 | Grassroots Democracy — Part 1: Governance |
| 11 | Grassroots Democracy — Part 2: Local Government in Rural Areas |
| 12 | Grassroots Democracy — Part 3: Local Government in Urban Areas |
| Theme E — | Economic Life Around Us |
| 13 | The Value of Work |
| 14 | Economic Activities Around Us |

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